



**CariGUARD**



## HURRICANE PREPAREDNESS CHECKLIST

- WATER:** one gallon per person for several days to cover both consumption and sanitation. Ensure that drinking water is stored in clean bottles and kept covered to avoid contamination.
- FOOD:** non-perishable items that are easy to prepare should be purchased. A 3-day supply in evacuation and a 2-week supply for the home is recommended
- A 7-Day supply of medicine of both prescription and non-prescription medicines
- A first aid kit
- Masks, personal sanitizers, and personal hygiene items such as feminine items, moist towelettes, garbage bags
- Extra cash because ATM services are likely to be disrupted
- Extra fuel for the car and generators
- A battery-operated radio and extra batteries for all battery-operated devices



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HURRICANE PROTECTION  
PROFESSIONALS

Tel: 246-271-1245  
Building 3, Unit A Six Roads Industrial Park,  
St. Phillip, Barbados  
[www.cariguard.com](http://www.cariguard.com)  
[info@cariguard.com](mailto:info@cariguard.com)



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- Chargers for all electronic devices
- Copies of important documents such as – prescriptions and pertinent medical information, proof of address, deed/lease to home, birth certificates, passports, and insurance policies. These should be stored in a waterproof area and can be in both physical and digital copies.
- Multi-purpose tools, wrench, or pliers (to turn off utilities)
- A sleeping bag and/or warm blankets for each person
- Baby items: infant formula, diapers, bottles wipes
- Pet food and water
- Fire extinguisher
- Matches in a waterproof container
- Change of clothes and sturdy shoes should evacuation be required



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